

In the heart of the Puslinch community, Delish Kitch is proving that “home-based” can also mean high-quality, health-conscious, and incredibly flavourful. Operating from a fully inspected home kitchen since 2011, Delish Kitch is dedicated to creating gluten-free, refined sugar-free, and organic baked goods that prioritize both nutrition and taste. With a specialty in naturally leavened sourdough bread made without commercial yeast or sugar, Delish Kitch has carved out a unique place in the local food scene, especially for those seeking cleaner, more thoughtful food choices. Their offerings include sourdough loaves, bagels, pizza shells, granola, crackers, and a curated selection of sweets – all handcrafted using specialty flours like Ontario buckwheat and tigernut, one of the rarest and most unique ingredients in North American sourdough baking.

Founded by a self-taught sourdough baker with a mission to serve the community healthy and delicious alternatives, Delish Kitch’s menu is available exclusively through pre-order. There is no storefront, no walk-ins, just intentional baking with purpose and care. Delish Kitch bakes sourdough on alternate Thursdays. Customers can pick up their fresh orders on bake day, or choose a pickup time that best fits their schedule. For added flexibility, Delish Kitch also offers a Freezer Menu, allowing customers to order and pick up products at any time that suits their needs.



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